

HealthReach Community Health Centers



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FOR IMMEDIATE RELEASE

Western Maine Family Health Center to hold Healthy Snacks Week

LIVERMORE FALLS – Western Maine Family Health Center will hold a Healthy Snacks Week on site in celebration of National Health Center Week beginning Monday, August 14 and ending Friday, August 18

Health Center staff will feature a different healthy snack recipe, with samples to enjoy, each day of the week. The Health Center recognizes the importance of healthy habits and a healthy diet as important parts of a person's overall well-being

The event is being held in celebration of National Health Center Week, which runs from August 13th through 19th. This year's theme for National Health Center Week is "Celebrating America's Health Centers: The Key to Healthier Communities." One of the bright spots in America's health care system, Community Health Centers serve more than 25 million Americans, a number that continues to grow along with the demand for affordable primary care.

Western Maine Family Health Center is located at 16 Depot Street, Suite 300 in Livermore Falls. For more information, or to make an appointment, call (207) 897-4345.

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Western Maine Family Health Center is part of HealthReach Community Health Centers, a group of eleven Federally Qualified Health Centers in Central and Western Maine. Belgrade offers a range of services including family medical care, counseling, and care management to residents of Livermore Falls, Jay, Livermore, Wilton, Farmington, and neighboring towns. A reduced fee program is available to uninsured and underinsured residents.

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